

Hey folks, David here. Glad to connect with my friends. The following gatherings are some of the best work I have to offer. Please join me this Thursday in Kitsilano and Saturday for this special October 2009 event and workshop series with some wonderful partners and friends.

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*Alchemy of the Singing Voice* © (Nada Yoga)

A sacred journeys practice with David Embry

Learn down to earth vocal practices. Explore your voice, increase your awareness and deepen your understanding of the role of voice and deep intuitive listening in your life.

Mantras/Chanting/Songs, Chakra Sounds/Energy Work  
Vocal and Sound Awareness, Movement and Poetry  
Singing Field© Process\* (from the work of Chloe Goodchild)

*Singing Field Day*, Saturday October 3<sup>rd</sup>, 10 am to 5 pm  
\$95/\$75 UCV/Ananda Mantra Choir Members

2 hours Saturday mornings:

October 10<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> (no class Oct 17), November 7<sup>th</sup>, 14<sup>th</sup>, 10 am to Noon  
\$15 per session (\$130 for all days, including *Singing Field Day*, October 3<sup>rd</sup>)

Location: Meditation room *Unitarian Church of Vancouver*, 949 W. 49<sup>th</sup> Avenue (at Oak Street)

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*Unity Kirtan*

Community Chant Circles – Kitsilano  
every Thursday, 7:30 pm  
2146 York Street, Vancouver  
\$5-20 suggested donation

*AND at...*

Unity Yoga Tea House  
Saturday, October 10<sup>th</sup>, 7:30 pm  
1672 East 10<sup>th</sup> Ave. Commercial Dr  
604-708-8369 unityyoga.ca  
\$5-20 contribution

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*Harvest Moon Chant Dance*

*Celebrate the Mystery of the Moon*

Sunday, October 4<sup>th</sup>, 2009 7 pm to 9 pm     *Full Moon on this night!*  
St. Marks Church 1805 Larch St.

Chanting, performance, Qigong and Circle Dancing. Minke de Vos and the Chant dancers  
Musicians: David Embry Navaro Franco, Heidi Klassen and friends

Tickets: \$15 advance/seniors/students, \$20 at the door  
Pre-pay by phone at “Banyen Books and Sound,” 604-737-8858

Minke de Vos [silentground.com](http://silentground.com)

David Embry [bluelotusmusic.com](http://bluelotusmusic.com)

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